



Sahaja Kitchen Cook

We are happy to let you know that there is a full-time position available in the Sahaja kitchen team. If you are interested in the role and you have the skills and experience required, we encourage you to apply as soon as possible.

Please note: to apply for this role, it is required to hold the necessary documents for employment in Portugal.

- Job Title: Cook
- Job Location: São Martinho das Amoreiras, Portugal

➤ About the role

We are looking for additional support to reinforce our kitchen team.

➤ Tasks & Responsibilities

- Preparing and cooking dishes according to established standards
- Participating in all stages of meal preparation, from cooking to serving to dishwashing and cleaning.
- Kitchen management, including organizing and cleaning the space
- Compliance with hygiene and food safety standards
- Collaboration with the team to ensure efficient, quality service

➤ Skills needed

- Strong sense of organization and working method
- Good ability to act in stressful situations
- Strong organizational and multitasking skills, with the ability to perform well in a fast-paced environment
- Adaptability and willingness to take on varied tasks
- Active listening and effective communication skills
- Team spirit
- Flexibility to work in shifts
- Physically fit and enduring

➤ **Required Experience**

- With a minimum of 2 years experience in kitchens
- Cooking for groups for over 100 people
- Good English skills (preferred)
- Food safety training is a plus

➤ **Working hours / Frequency**

- Full -time job, 5 days per week
- Usual working shifts are 8:30 to 17:00 or 11:30 to 20:00

To apply for this role:

Please visit opportunities.montesahaja.pt and submit your application there.

PLEASE NOTE: *to apply for this role, it is necessary to hold a European passport or have the necessary paperwork for employment in Portugal.*

With love,
HR Team, Monte Sahaja